|  |  |  |
| --- | --- | --- |
| Week \_\_\_\_ | Priorities for this week:  | Goals for this week: |
|  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  | Sunday  |
| 7am |  |  |  |  |  |  |  |
| ­8am |  |  |  |  |  |  |  |
| 9am |  |  |  |  |  |  |  |
| 10am |  |  |  |  |  |  |  |
| 11am |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |
| 1pm |  |  |  |  |  |  |  |
| ­­2pm |  |  |  |  |  |  |  |
| 3pm |  |  |  |  |  |  |  |
| 4pm |  |  |  |  |   |  |  |
| 5pm |  |  |  |  |  |  |  |
| 6pm |  |  |  |  |  |  |  |
| 7pm |  |  |  |  |  |  |  |
| 8pm |  |  |  |  |  |  |  |

How do I know what I need to do?

What can I do if I get stuck